RT ATHLETICS

NOVEMBER 2026

TRAINING AND ATHLETE PROGRESS

PROGRESS WORTH CELEBRATING

Build the overall athlete

Our first progression series is complete, and many athletes moved up in level in their sports!

We are proud of the work behind that progress. This November, keep the momentum going with new challenges, consistent practice and more ways to play.



REVAMPED WEBSITE / MONTHLY MEMBERSHIPS

Mix your sports. Build your skills.

Explore the updated **RTathletics.com** and choose a membership for training about once or twice a week. Mix and match **tennis, pickleball and volleyball** to build movement, coordination, balance and confidence.

4 SESSIONS	8 SESSIONS
$100 / month — About once a week	**$200 / month** — About twice a week

Per athlete, per monthly billing cycle. **Reserve every session online.**
Memberships begin upon purchase. Hallowes Cove and private coaching are separate.



NOW OFFERING

Yellow ball tennis lessons

Ready for the next challenge? We now offer lessons using regular yellow tennis balls. Coach Max can help find the right level for your athlete.

On the court, together

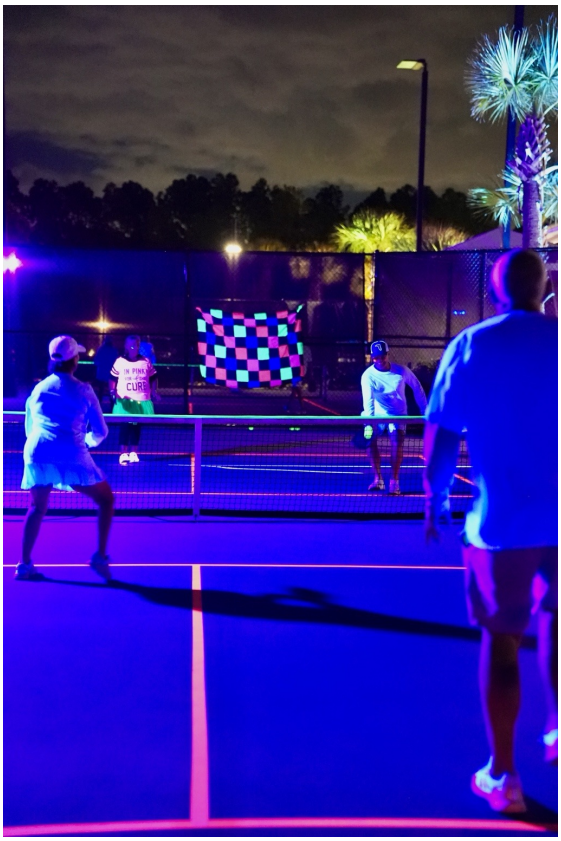


A look inside our beach volleyball training.

HALLOWES COVE AFTER SCHOOL

Volleyball comes to school

November brings volleyball to our school program! Through games and guided practice, athletes will build ball control, movement, communication and teamwork while exploring another sport.



OCTOBER COMMUNITY RECAP

WaterSong Glow Pickleball Tournament

Last month, RT Athletics was proud to take part as tournament director for the WaterSong Glow Pickleball Tournament.

Thank you to everyone who played, organized and helped bring the community together. We loved being part of the night!

Keep the momentum going this November.

Explore programs and book online

RTathletics.com